

Bienvenidos/Welcome



RESTAURANTE

El Poblano

El auténtico sabor mexicano

Una tradicion de familia

615 - 915 - 2675

3707 Nolensville Pike

Nashville, TN 37211

* MARISCOS *

PARRILLADA MAR Y TIERRA...\$57.00

Grilled fish, shrimp, chicken and sausage, served with rice and salad // for 2 people

★ MARISCADA POBLANA.....\$57.00

1 Fried mojarra, diablo shrimp, aguachiles, grilled steak, grilled shrimp, prawns, served in a bed of lettuce with cucumbers, lemon and orange (2 people)

PARA 1 PERSONA.....\$38.00

TILAPIA POBLANA.....\$16.00

Whole tilapia cooked in special sauce, served with rice

TILAPIA CON CAMARONES.....\$17.50

Whole tilapia with grilled shrimp, served with rice and French fries

TILAPIA AL GUSTO.....\$16.50

Whole tilapia cooked in your favorite style AL MOJO DE AJO (with garlic sauce), A LA DIABLA (cooked in spicy sauce), A LA PLANCHA (roast), A LA VERACRUZANA (cooked in special sauce), served with rice and fries

MOJARRA FRITA.....\$17.00

Fried mojarra, served with rice, beans and salad

MOJARRA AL GUSTO.....\$17.00

Whole mojarra cooked in your favorite style FRIED, BREADED, AL MOJO DE AJO, A LA VERACRUZANA (in special sauce), served with rice and salad

Brochetas de Camaron



Camarones al Mojo De Ajo



Mariscada Poblana (1)



Camarones a la Diabla



Camarones Cucarachos



CAMARONES HAWAIIANOS.....\$16.00

Shrimp cooked with pineapple, ham, bacon and cheese, served with rice and salad

CAMARONES AL PASTOR.....\$16.00

Shrimp cooked with pineapple and al pastor style cheese, served with rice and salad

BROCHETAS DE CAMARÓN.....\$17.00

Shrimp cooked with bacon, jalapenos and cheese, served with rice and salad

CAMARONES CUCARACHOS.....\$17.00

Shrimp cooked in medium hot sauce, served with slices of cucumbers and orange

CAMARONES POBLANOS.....\$16.00

Shrimp cooked with onions, bell pepper, pineapple and bacon, served with charro beans

CAMARONES AL GUSTO.....\$16.00

Shrimp cooked in your favorite style, A LA PLANCHA, AL MOJO DE AJO (in garlic sauce) A LA DIABLA (with spicy sauce) BREADED, VERACRUZAN STYLE (in special sauce), served with rice and beans

* in party of 6 or more an additional 18% tip will be added to your check
en mesas de 6 personas o mas 18% de propina sera incluida en su ticket

While we do our best to keep this information up-to-date, please be aware that the descriptions, prices and availability of all menu item herein are subject to change without notice.

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* ESPECIALIDADES *

CARNE DE RES

MOLCAJETE MIXTO.....\$25.00

Steak, chicken, fresh cheese, shrimp, nopales, onions and chiles grilled jalapeños, served in a hot molcajete, with onions and bell pepper in arrachera sauce, served with rice, beans and salad

ROASTED BEEF ONLY.....\$23.00

CHICKEN ONLY.....\$20.00

SHRIMP ONLY.....\$25.00

CARNE ASADA.....\$13.50

Served with rice, beans and salad

RIBEYE CON CAMARONES.....\$17.99

Served with rice, beans and salad

CHILE COLORADO.....\$13.00

Steak cooked in red sauce, served with rice and beans

BARBACOA DE RES.....\$13.00

Beef cooked in a special sauce, served with rice and beans

CARNE EMPANIZADA.....\$13.99

Served with rice, beans and salad



Ribeye con Camarones



Carne Asada

FAJITAS

FAJITAS DE ASADA.....\$14.00

Grilled beef steak with onion, tomatoes and chili bell pepper, served with rice, beans and salad

FAJITAS DE POLLO.....\$14.00

Chicken steak cooked with onion, tomatoes and bell pepper grilled, served with rice, beans and salad

FAJITAS DE CAMARÓN.....\$16.00

Grilled shrimp with onions, tomatoes and chili bell pepper, served with rice, beans and salad

FAJITAS MIXTAS.....\$17.00

Steak, chicken, grilled shrimp with onions, tomatoes and bell pepper, served with rice, beans and salad



Fajitas Mixtas



CARNE DE POLLO

POLLO EMPANIZADO.....\$13.00

Servido con arroz, ensalada y papas fritas

POLLO A LA PLANCHA.....\$13.00

Servido con arroz, frijoles y ensalada

PECHUGA RELLENA.....\$14.00

Rellena de jamon y queso, servida con frijoles y ensalada

POLLO GRINGO.....\$13.00

Pechuga de pollo a la plancha, servida sobre una cama de arroz, cubierto con cheese dip

POLLO EN MOLE POBLANO..\$14.00

Servido con arroz y frijoles



Pollo Gringo



Pollo en Mole Poblano



Pollo Empanizado



Carnitas en Chile Verde

CARNE DE CERDO

CARNITAS EN CHILE VERDE.....\$13.00

Served with rice, beans and salad

CARNITAS MICHOACANAS.....\$13.00

Served with rice, beans and salad

COSTILLAS DE PUERCO.....\$13.00

Served with rice, beans and salad

hacemos lo posible por mantenerlos al día, por favor tome en cuenta, que las descripciones en la preparacion, los precios y la disponibilidad de los platillos en el menu, estan sujetas a cambios sin previo aviso.

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ESPECIALES DE LONCHE

DE LUNES A VIERNES de 10 AM. A 2 PM.

1.- FAJITA DE ASADA.....\$14.50

Grilled beef steak with onion, bell pepper and tomatoes served with rice, beans and salad

2.- FAJITA DE POLLO.....\$14.50

Grilled chicken with onion, bell pepper and tomatoes, served with rice, beans and salad

3.- BURRITO DE CARNE MOLIDA.\$10.00

Served with rice and beans

4.- BURRITO DE TINGA DE POLLO.\$12.00

Served with rice and beans

5.- QUESADILLA AL GUSTO.....\$14.00

Filled with your favorite meat, served with rice and beans

6.- NACHOS DE CARNE MOLIDA.\$12.00

Served with rice and beans

7.-NACHOS DE TINGA DE POLLO..\$12.00

Served with rice and beans

8.-NACHOS DE QUESO.....\$11.00

Served with rice and beans

9.-CHILAQUILES ROJOS O VERDES...\$13.50

Server with 2 eggs, rice and beans

10.- CHILAQUILES ESPECIALES...\$14.00

With red or green sauce, served with 2 eggs, rice and beans

* 11.- HUEVOS RANCHEROS.....\$10.00

3 eggs cooked in a special sauce, served with rice and beans

* 12.- HUEVOS DIVORCIADOS.....\$10.00

3 eggs in sauce, served with rice and beans



Chilaquiles Especiales



Quesadilla al Gusto



Burrito de Tinga de Pollo

* BEBIDAS *

LICUADOS \$6.00

COCKTEL DE FRUTAS ..\$6.00

MANGONADAS ... \$6.00



AGUAS FRESCAS \$3.99



*JAMAICA *TAMARINDO *HORCHATA
Y FRUTAS DE LA TEMPORADA

BEER / CERVEZA

Corona, Modelo, Ultra,
Tecate, Dos XX lager, Heniker
Pacifico,Victoria, Bud Light

MICHELADAS



PRODUCTOS COCA COLA
EN BOTELLA DE VIDRIO

JARRITOS, BOTELA DE AGUA



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BURRITOS

DE POLLO A LA PLANCHA.....\$11.50

Flour tortilla stuffed with grilled chicken, served with rice, beans and salad

DE ASADA.....\$12.00

Flour tortilla filled with roast beef, served with rice, beans and salad

DE CAMARÓN.....\$13.00

Flour tortilla stuffed with grilled shrimp, rice, beans and salad

DE FAJITA DE ASADA.....\$13.00

Tortilla filled with roast beef fajita, served with rice, beans and salad

DE FAJITA DE POLLO.....\$13.00

Flour tortilla filled with chicken fajita, served with rice, beans and salad

DE FAJITA DE CAMARÓN.....\$14.00

Flour tortilla stuffed with shrimp fajita, served with rice, beans and salad

POBLANO SPECIAL.....\$14.00

Flour tortilla stuffed with roast beef, lettuce and avocado, cheese and 3 sauces (red, green and white), served with rice, beans and salad

DE POLLO BLANCO.....\$12.00

Flour tortilla stuffed with shredded chicken, covered with melted cheese served with rice, beans and salad

DE POLLO VERDE.....\$12.00

Flour tortilla filled with shredded chicken, lettuce, tomatoes, cream, covered in green sauce, served with rice, beans and salad

DE CARNE MOLIDA.....\$12.00

Flour tortilla filled with ground beef, lettuce, tomatoes and cream served with rice, beans and salad

* TORTAS *

Todas las tortas y la hamburguesa vienen preparadas con aguacate, tomate, mayonesa, cebolla, chiles jalapeños o salsa de chipotle

TATIANA.....\$11.00

Breaded beef, chop and quesillo (Oaxaca cheese)

HAWAIIANA.....\$11.00

Ham, pineapple and quesillo (Oaxaca cheese)

VAQUERA.....\$11.00

Sausage, Milanese and quesillo (Oaxaca cheese)

ESPANOLA.....\$11.00

Chop, pineapple, and quesillo (Oaxaca cheese)

TEXANA.....\$11.00

Milanese, egg and quesillo (Oaxaca cheese)

CUBANA.....\$13.50

Milanese, chop, egg, chorizo, ham, quesillo, white cheese, yellow cheese and pineapple

MILANESA CON QUESILLO.....\$10.00

SALCHICHA CON QUESILLO.....\$9.00

JAMON CON QUESILLO.....\$9.00

CHULETA CON QUESILLO.....\$10.00

HUEVO CON SU OPCION FAVORITA.....\$10.50

HAMBURGUESA.....\$9.00

Mexican style, served with French fries,

BURRITO O CHIMICHANGA CUBIERTO DE MOLE \$1.00 EXTRA

Burrito de Pollo a la Plancha



Burrito de Camarón



Chimichanga de Asada

CHIMICHANGAS

DE POLLO A LA PLANCHA...\$9.99

Fried flour tortilla stuffed with grilled chicken, served with rice, beans and salad

DE RES.....\$12.00

Fried flour tortilla stuffed with ground beef, served with rice, beans and salad

DE ASADA.....\$12.00

Fried flour tortilla stuffed with roast beef, served with rice, beans and salad

DE FAJITA DE ASADA.....\$12.00

Fried flour tortilla stuffed with asada fajita, served with rice, beans and salad

DE FAJITA DE POLLO.....\$12.00

Fried flour tortilla stuffed with chicken fajita, served with rice, beans and salad

DE FAJITA DE CAMARÓN.....\$14.00

Flour tortilla stuffed with shrimp fajita, served with rice, beans and salad

DE TINGA.....\$11.00

Fried flour tortilla stuffed with chicken tinga, served with rice, beans and salad

Hamburguesa



Torta Hawaiiiana

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QUESADILLAS

DE POLLO A LA PLANCHA.....\$12.00

Flour tortilla stuffed with grilled chicken and cheese, served with rice, beans and salad

DE ASADA.....\$13.50

Flour tortilla stuffed with grilled meat and cheese, served with rice, beans and salad

DE CAMARÓN.....\$14.00

Flour tortilla stuffed with shrimp and cheese, served with rice, beans and salad

DE FAJITA DE RES.....\$14.00

Flour tortilla stuffed with beef fajita and cheese, served with rice, beans and salad

DE FAJITA DE POLLO.....\$14.00

Flour tortilla stuffed with chicken and cheese fajitas, served with rice, beans and salad

DE FAJITA DE CAMARÓN.....\$14.50

Flour tortilla filled with shrimp fajitas with cheese, served with rice, beans and salad



Quesadilla de Fajita de Pollo



Cemita Poblana

ANTOJITOS

CEMITA POBLANA.....\$10.00

Special bread stuffed with avocado, ham, Oaxaca cheese, milanesa de chicken or beef milanesa and chipotle sauce

MOLOTES.....\$12.00

Handmade fried tortilla stuffed with chorizo and potatoes, with lettuce, onion and cilantro, covered in green sauce and cream

ENFRIJOLADAS.....\$12.00

4 corn tortillas stuffed with fried beans and cheese, served with rice, beans and salad

TLACOLLOS.....\$12.00

Handmade corn tortilla with beans, green sauce and cream

TAMALES.....(de pollo).....\$3.50

Chicken in green or red sauce

Enfrijoladas



Enchiladas Poblanas



Chile Relleno con Camaron

ENCHILADAS

ENCHILADAS POBLANAS.....\$10.00

4 tortillas de maiz rellenas de pollo deshebrado o carne molida, cubiertas de mole poblano y queso fresco, acompañadas con arroz

ENCHILADAS DE PIPIAN.....\$12.00

4 tortillas rellenas de pollo deshebrado o carne molida, cubiertas de polle pipian y queso fresco, servidas con arroz

ENCHILADAS SUIZAS.....\$12.00

4 tortillas rellenas de pollo deshebrado o carne molida, cubiertas de salsa verde o roja y rajas de cebolla, servidas con arroz

CHILES RELLENOS

DE QUESO.....\$10.50

Served in red sauce, with cream, rice and beans

CON CAMARON.....\$12.00

Served with rice and beans

EN NOGADA.....\$12.00

Stuffed with ground beef, with walnut sauce on top, served with rice



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A LA CARTA

TACOS.....\$3.00

Handmade corn tortilla with its meat favorite, served with cilantro and onion

DE TRIPA.....\$3.50

DE CAMARONES.....\$3.25

CHORIQUESO.....\$8.00

GUACAMOLE DIP.....\$5.00

GUACAMOLE CASERO.....\$8.99

CHEESE DIP...SMALL..\$3.99..LARGE..\$6.99

EL POBLANO BEANS DIP.....\$6.99

HUEVOS AL GUSTO....\$12.00

3 eggs cooked to taste, served with rice, beans and salad

Guacamole Casero

Cheese Dip

TACOS

MENU DE NIÑOS 7.00

Kid Burguer

Chicken Nuggets

Churros Mexicanos con Nieve

Chimichanga de Platano

- * **CHICKEN NUGGETS**
- * **KIDS QUESADILLA**
- * **KID TACO**
- * **KID CHIMICHANGA**
- * **KID BURGUER**

ORDENES EXTRA

- PAPAS FRITAS.....\$3.00**
- CHILES TOREADOS.....\$3.00**
- AVOCADO/AGUACATE.....\$4.00**
- ARROZ O FRIJOLES FRITOS....\$3.00**
- CHIPS/ SALSA....16 oz.....\$5.99**
- CHIPS/ SALSA...32 oz.....\$10.00**
- TORTILLAS DE MAIZ.....\$2.00**
- TORTILLAS DE HARINA.....\$.99**
- TORTILLAS A MANO.....\$2.00**

* POSTRES *

FLAN CASERO\$5.00

CHURROS MEXICANOS CON NIEVE...\$6.00

CHIMICHANGA DE PLATANO.....\$7.00

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